



The Evening Star

Empire College Evening School Student Newsletter - 19th Edition - July 6, 2009



CONGRATULATIONS GRADUATES!



GRADUATION!!!

Congratulations to all of our graduates! We are sad to lose your smiling faces in the evening school, but we are thrilled to see you go out into the world and thrive.

To all you future graduates out there: Please join us as we celebrate the accomplishments of your classmates! The graduation ceremony will be held at the Wells Fargo Center for the Arts on Monday, July 27 at 7:00 p.m. Entrance is free, no tickets needed, and you are welcome to bring as many people as you wish. We hope to see you there!

SCHOLARSHIP OPPORTUNITY FOR ALL MEDICAL STUDENTS!

The California Association of Private Postsecondary Schools has established a scholarship in memory of Sue Fleming. Sue was a former student of the Western Career College who, after graduating, joined the school and eventually rose to be the Director of their main WCC campus. After Sue's unexpected death, this memorial scholarship was created in her honor. There are two scholarships available, each for \$5,000! All medical students are encouraged to apply! To qualify, you must:

- Be a U.S. Citizen and live in California
- Be enrolled in a CAPPs member allied health program (Empire Medical Program)
- Submit a transcript with your application (students under 21 must also submit their high school transcript)
- Submit an application
- Submit a 1-2 page essay explaining why you want to work in the Allied Health industry, what specific career goals you have, what your goals are after obtaining your diploma or certificate and what sets you apart from other candidates for this scholarship (i.e. what motivated or encourages you or what obstacles you have faced)
- Submit three (3) letters of recommendation from people who have known you for at least one (1) year, who are in a position of authority and are not related to you (i.e. teachers, employers, supervisors from volunteer positions)
- Your application and all mandatory documents must be submitted in a single envelope.

For more information, please see Lynda or Mae Rose on the Flight Deck!

Explosive Thoughts from Space:

"Let every nation know, whether it wishes us well or ill, we shall pay any price, bear any burden, meet any hardship, support any friend, oppose any foe, to assure the survival and success of liberty." ~ John Fitzgerald Kennedy



**In college, you have a tremendous amount of freedom.
You are responsible for your own academic progress.
If you want to get good grades in college,
you must attend every class—not almost every class, every class!**

STUDY SMARTER, NOT HARDER!

“Students learn 10% of what they read, 20% of what they hear, 30% of what they see, 50% of what they see and hear, 70% of what is discussed with others, 80% of what they experience personally, and 95% of what they teach to someone else.”

~ William Glasse

Here are some tips to help you study smarter:

- Before you start to study, make a plan! Decide exactly what you want to get done, and the order in which you'll do it. Make sure that your plan is both realistic and specific. For example, instead of saying, “Study History,” say that you will, “Read pages 125-150 and do the review questions at the end of the chapter.”
- If you have a lot to do, prioritize your work to make sure that you have enough time for the things that are the most important.
- Always allow more time than you think you'll need.
- If you have something that seems overwhelming, break it down into smaller parts.
- Alternate types of assignments! i.e. read English, do math, read psychology
- If you have something to memorize, work on that first, then go over it again at the end of your study session.
- Do difficult assignments first, while you're still fresh and alert
- Know when and how to take breaks! Research has shown that students learn the most during the first and last ten minutes of any study session. After studying for 20 minutes, try taking a short break.
- Some students study best at night; others study best in the morning. Know when you study best, and organize your day so that you're able to study when you're the most productive.

~Have fun learning and growing!~
R2D2 and OB1

Celebratory Thoughts from Space:

“The highest activity a human being can attain is learning for understanding, because to understand is to be free.” ~ Baruch Spinoza